

Terrigal High School

Anti-bullying Plan 2018

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Terrigal High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Feb Term 1	Behaviour code for students
Term 1 wk 2	THS Anti Bullying Plan 2019 Launch (New procedures and plans for year)
March 15	National Day of Action- Bystander to Upstander
T2/ T3	Anti bullying Forum/ Feedback to students

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Day 1 2019	THS Anti Bullying Plan 2019 Launch (DOE strategy, Student C of C, New THS procedures and plans for year)
T1 Staff mtg	PL- Talking to students, talking with parents
T2 Staff mtg	PL- Strategies to address bullying in the learning environment- staff forum
T3 Staff mtg	PL- Cyber bullying- what can we do?

1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

HT admin to provide Anti Bullying Information.

Copy of:

First response checklist

ABC form

Anti Bullying Actions Flowchart

Anti Bullying who,s who?

2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Term 1/ Wk2	P&C / Newsletter/ FB- THS Anti Bullying Plan 2019 Launch (New procedures and plans for year)
March 15	FB/ Newsletter report- Bystander to Upstander (Day of Action Event)
Term 3	Parent teacher night PPT presentation- Anti Bullying- What should parents do?
Term 3	P&C / Newsletter/ FB- Cyber bullying- what can we do?

3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

The school delivers a variety of additional programs that address the wellbeing needs of students for example Rock and Water, Seasons for Growth, Top Blokes and YAM.

The school, in collaboration with a local church has employed a Youth worker who will work with students who require wellbeing support, delivering programs and working one to one. The Youth worker will also aim to help the staff to "Know our Students" by attempting to identify new students who may require support in this area.

Motivational speakers will also be utilised to ensure students engage positively in their learning.

Completed by: Andrew Yates _____

Position: Head Teacher Wellbeing _____

Signature:  _____ Date: Nov 18

Principal name: Tania Turik _____

Signature:  _____ Date: Nov 18

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Anti Bullying Actions Flow Chart 2019

