



Terrigal High School NEWSLETTER

Featured are mixed media artworks by Year 7 students

Number 51, Term 4, December 2022

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Principals Report

End of Year Celebrations

As we approach the end of another school year, I would like to say thank you to the school community for the trust you have placed in us to work with your children and your patience and understanding as we manage changes created by outside factors. Although there has been no formal learning from home periods, it has been a difficult year with many changes due to sickness. Despite this, I am pleased at the resilience of our students and their ability to get on with learning. I would also like to thank the teaching staff who have supported our student's emotional wellbeing and picked up classes for absent colleagues, sometimes with little or no notice. Your hard work is recognised and applauded.

As a school we offer a diverse range of extra-curricular opportunities, clubs and sporting teams including the Student Representative Council; The Duke of Edinburgh program; debating; the Illuminate Business Challenge; Aboriginal cultural experiences and performances as well as before and after school clubs for maths and art and lunchtime chess, dance, drama, music and writing clubs. Feedback from students who attended these clubs indicated these activities helped them to meet students with similar passions and they felt more connected to the school. These opportunities are only possible due to the willingness of teachers to give up their break and preparation time to support the students. Thank you.

Over the past 2 weeks we have celebrated student learning with the elective music night at Avoca Beach Theatre, Academic Awards Ceremony, Sports Presentation Dinner and Visual Arts Exhibition. We also welcomed our incoming SRC for 2023. Congratulations to all the students involved in these events.

Farewells

At the end of each year, we farewell staff who have been invaluable to the school culture here at Terrigal High School. This year we farewell:

Debra Green who is retiring; Jenny Bennett who has secured a promotion position at Tuggerah Office; Debbie Evans who has been seconded to a 3-year position at State Office; and Andrew Bull, Cameron Gough, Justin Kane, Chelsea Bayliss who have secured permanent positions at other schools. I wish all these teachers the best for their future.

In 2023 we also have some teachers taking maternity or personal leave: Jillian Giuliani, Amy Prince, Emma Chew, Lindsay Adams and Jess Terry. We will see them back in 2024.

Breaking News

Today I have accepted a relieving position as Principal School Leader based at Tuggerah Office for 12 months. I have mixed emotions as I love Terrigal High School, the students, staff and community, but this is an opportunity for me to apply my leadership knowledge and influence educational directions for all schools and students across the Central Coast. I am proud of the culture that has been built which focuses on student wellbeing, learning and growth.

Adam Montgomery will relieve for the first 4 weeks of next year while a process is undertaken by the Director Educational Leadership to select a relieving Principal for the 12 months.

On a final note, I wish you all a safe and happy break.

Mrs Turik
Principal

2023 Back to School Dates:

Friday January 27 & Monday January 30

- Staff Development Days

Tuesday January 31

- First day of term for Years 7, 11 & 12

Wednesday February 1

- All years attend

- THS Swimming Carnival

Debating News

During week 9, our year 7/8 Debate team, as the Central Coast/Hunter winners travelled to Sydney to compete in the three-day State Championships. The team, Abby P.H., Imogen C., Tehya H., and Jaide T., competed in five debates over two days, winning three and very narrowly losing the final two matches.

The topics were wide-ranging and the competition, as you would expect at this level, was fierce. The Terrigal team wowed the adjudicators, who several times commented on their skills and attitude, as well as the other teams, with their calm, confident style.

We are so proud of the girls representing Terrigal at this prestigious event and it was a great honour for me to see them really give their competitors, some of the best debaters in the State, a tough competition. During the final, Abby was selected to chair the debate (with Jaide assisting on timekeeping), in an additional honour to the team.

Alongside the gruelling debate schedule, we had some time to explore the beautiful grounds of The Women's College at Sydney University, the venue for the Championship, and the University itself.

The ultimate winners this year was the James Ruse Agricultural High School team, and we congratulate them as well as the eight other teams from around the State this year and look forward to a whole new year of the Premier's Debating Challenge in 2023!



Ms McIntosh
English Teacher

Dance News

Congratulations to Charlie B, Allira S and Talita F for their amazing performance as Featured Dancers in the School Spectacular "Creating the Magic" 2022. We are so very proud of the Terrigal High School Dancing Stars! Thank you also to everyone involved supporting the girls to in this experience.

Charlie B was also selected in this year's State Dance Ensemble. This is an outstanding achievement from a very creative and dedicated Dance student.



Mrs Walker
Dance Teacher

Academic Awards Ceremony

Tuesday December 6th

Congratulations to all the students who received an award at the Academic Awards Ceremony recently held in the school hall. Our 2023 Captains did an amazing job as the Masters of Ceremony. We were delighted to have Mr Burgess from Terrigal Primary School and Ms Austin our P&C President attend and present certificates to some of the awardees. Thank you to Mrs Pennings and her Tech Team for taking care of the set up and for working hard backstage to ensure that everything ran smoothly.

Congratulations to the following major award recipients:

Award for Most Outstanding Academic Performance in 2022

Year 7 - Abby P
Year 8 - Carmen M
Year 9 - William J
Year 10 - Josiah P
Year 11 - Jacqueline H

Defence Forces Long Tan Leadership Award for Your 10 - Mitchell R

'We Strive' Student of the Year

Year 7 - Abby P, Tehya H & Bethany J
Year 8 - Carmen M
Year 9 - Gabriella S
Year 10 - Timbie P
Year 11 - Olivia B

Overall 'We Strive' Student of 2022 - Olivia B in Year 11



Mr Yates
Deputy Principal

Science News

Earth & Environmental Science

Year 11 into 12 students have been studying the Cambrian explosion and recently dissected a Moreton Bay bug to compare its structure with the structure of an ancient trilobite.



Ms Austin
Science Teacher

HSIE News

Ancient History

On December 5th an archaeologist came on site to educate year 10 students who have picked Ancient History as a subject and year 12 Ancient History students on methods of archaeology, how technology has impacted archaeology and some examples of excavations and artefacts she has discovered. It was very informative, and students were engaged for the whole presentation.



Ms Standen
HSIE Teacher

University of Newcastle – Illuminate Business Challenge

Throughout week 6 of this term, two teams, each of six students from Year 9 and 10, represented Terrigal High School in the Illuminate Business Challenge sponsored by the University of Newcastle. There were 35 teams in total from schools all over the Central Coast and the challenge was on campus at Ourimbah for three days and remotely for two days this year. It was wonderful for the students to be able to experience being on campus once again after lockdown being all online in 2021.

Students had to develop a business idea and business plan including financial and marketing material, meeting tight deadlines throughout the week, whilst being mentored and judged by local business people and academic staff at the UoN. It was certainly a challenging and busy week for our 6, Year 9 and 6 Year 10 students who worked in the most collaborative and creative manner. The brief of this year's challenge was to come up with a 'unique and sustainable tourism model' to attract tourists to the Central Coast.

Indeed, we must CONGRATULATE our students for their enormous success in the challenge:

Our fabulous Year 10 team came 15th overall and won 'Student's Choice - Best Idea 2022' for their sustainable clear kayak business model, aptly named 'Transparensa'. Visitors to the Central Coast could enjoy a paddle in a clear kayak and view underneath their vessel whilst touring the gorgeous Toowoona Bay area.

Our wonderful Year 9 team came up with a unique and interesting concept of a wildlife rescue cafe called 'Second Chance Cafe', where visitors to the Central Coast could enjoy lunch or dinner while interacting and learning about local native animals that have been rescued and are in rehabilitation.

Our Year 10 team members were: Leah B, Sienna M, Tobias E, Mitchell R, Nate W and Ellie F. Our Year 9 team were: Sienna D, Jazaya B, Hayden C. William J, Joseph, S and Owen L.

We are certainly proud of these students for their outstanding efforts throughout the week.



Ms Henry & Ms Massie
HSIE Teachers

Around TAS

Year 9 Engineering

Students are finishing off the year with a series of quick projects. The final Mousetrap powered vehicles are all still works in progress but pictured here is the most successful Egg Drop Challenge contender. Well Done, Cooper V and James M.



Year 10 Food Technology

Earlier this Term students completed a Food Service and Catering Practical assessment. In small groups they made a pop-up cafe serving a two-course meal of Gnocchi with alfredo or tomato sauce and a decorated mini cake of cupcake which they then served to their peers.



Construction (VET)

Year 11 into 12 Construction students and their dedicated teacher, Mr Holmes, have been contributing to the school amenities with the construction of a concrete throwing circle for future athletics seasons. The circle will be cured and ready to go when we all come back to school in 2023.



Mrs Turner
Head Teacher TAS

Duke of Edinburgh

In Week 8, our Duke of Edinburgh Bronze team embarked on an adventurous journey of epic proportions. Starting high at Staples Lookout, we trekked, trudged and tramped to the dizzying heights of Mt Wondabyne. We were lucky to have a perfect day with spectacular views over most of the Central Coast. We then walked down to Ocean Beach for a seaside camp, where we were nourished by a gourmet dinner cooked by the students. On the second day we walked into Gosford, and our students (and teachers) put on a final surge to the finish line. We were tired, exhilarated, and happy to be heading home. A shoutout to the students for their excellent achievement and thanks to Mr Court, Miss Davidson and Miss Bond for running the show.

If any current Year 8 students are interested in joining the Duke of Edinburgh team in Year 9 next year, please come and see Mr Court.



Mr Court
Duke of Edinburgh Coordinator

Chess Competition

Eleven of our boldest chess players recently competed in the Annual Central Coast Secondary Schools Chess Competition. There were some wins, some losses, some draws and overall a great effort from all players. Anyone interested in competing in future competitions should see Mr Court.



Mr Court
Science Teacher

Gulang Festival

On Thursday night, 24th of November, Terrigal High School's Aboriginal students attended the Gulang Festival at Tuggerah Lakes The Entrance Campus. It was a fabulous night of celebration of our students as they showcased their individual talents and received awards for their dedication to Aboriginal youth culture, education and sports excellence.

Our amazing students shone on stage last night, with a magical performance from Summer M of "7 Years" by Lukas Graham.

A massive thank you to the outgoing Terrigal Learning Alliance Junior AECG Committee members as they were awarded certificates of appreciation for the work, they had done this year. The recipients were Tayla T (President), Isobella W (Vic President), Illeirah W (Secretary), and Arison L (Treasure). Thank you for all of your hard work.

The incoming Terrigal Learning Alliance Junior AECG Committee were awarded their badges. The recipients are Ken G (President), Elijh R (Vice President), Angel L (Secretary), Shia L and Moai L (Treasures) and Summer M, Tyler C, Amayla M, Jayda H (delegates). We look forward to working with our new members.



Congratulations to Mikiira B and Ethan D for receiving their awards at the Gulang Festival in educational excellence and sporting excellence. We are so proud of what you both have achieved!



Ms Turrise
HSIE Teacher

Library

A reminder that students have access to audiobooks via the school subscription and are encouraged to access this platform over the break. It works like a physical library where books can be borrowed and returned. Students can access the audio books with their Department login using the following link: <https://terrighhs.eplatform.co/>

Ms Gale
Teacher Librarian

Sports News

Sports Presentation Dinner

The THS Annual Sports Presentation Dinner was held at Breakers Country Club on Wednesday December 7th. We had a strong turn out with some engaging speeches and a delicious meal.

Congratulations to all the students who were recognised at this presentation for their sporting achievements this year and to the following Major Award recipients:

Olympic Change-maker Award

- Allanah P

Dave Storey Contribution to School Football Award

- Ethan D

Karen Watson Contribution to Sport Medal

- Jade D & Jett G

Wendy Wales Memorial Award

- Max E

Junior Female Sportsperson of the Year

- Maia A

Junior Male Sportsperson of the Year

- Harry M

Senior Female Sportsperson of the Year

- Tara F

Senior Male Sportsperson

- Jake E

Parkour Championships

In November at the Free G / Parkour Hunter Regional Championships run by NSW Gymnastics, Jimi N of Year 8 was awarded 2 silver medals. All his hard work and training paid off as he came second in both the speed run and freestyle events. Well done Jimi!



TSP Interschool Competition

On Wednesday December 7th as part of the Targeted Sports Program our students participated in an interschool competition against Kincumber High School playing Netball, Football, Touch Football, Rugby League and Basketball. Terrigal students demonstrated outstanding teamwork, sportsmanship and school pride, taking out 4 of the 5 games played. Terrigal's Netball and Touch teams had dominant wins with Basketball and Rugby League proving to be closer games, the Football side went down by a goal in a nailbiter.

After games were played all participants bonded during a BBQ lunch put on by Mr Storey and Ms Playford with a helping hand from Mr Staniford. Mr McCartin accepted the Annual Stage 4 Sports Championship Shield on behalf of Terrigal High School. Thank you to all staff members for a successful day and congratulations to our TSP students.



Mr McCartin
PDHPE Teacher

CAPA News

The Teacher Portrait Prize & Annual CAPA Art Exhibition

On Monday December 12th artworks from students across the whole school were on display in the Art Area for all to enjoy. This included the Year 9 Teacher Portraits where attendees could vote on their favourite portrait. Congratulations to Zoe B for winning the Teacher Portrait Prize and Gabriella S for winning the People's Choice. Pictured here are just a few examples of the amazing work our students have produced this year.



Avoca Beach Theatre Music Performance

Terrigal High School's talented music students performed at Avoca Beach Theatre on Monday the 28th of November to showcase their skills and pieces they have been working on. Leila and I have had the absolute pleasure of being music students here since year 7. We have enjoyed learning a variety of styles and skills which can be applied to our knowledge in future. We performed at the showcase this year in multiple items, challenging our fears.

Every single person that performed, developed the courage, and showed an audience full of peers, staff and our families, how amazing they really are. Students ranged from year 7 to year 12, with many genres of music being performed. Since then, we have heard many positive reviews from the audience members on how amazing it was to watch. We look forward to performing again very soon!



Tech Crew

Since the year 12's VET Entertainment class graduated, a year 9 team has taken over as the entertainment crew. This group consists of Lewis W, Charlie E, Spencer H, Ellie L, Byron S and Leila C. We have taken on the roles of sound, lighting, event promotion, stage crew and presentations. We have to work together to create a smoothly running event. Our rehearsals contributed to our knowledge of holding the Academic Awards Ceremony which challenged our skills.

We look forward to doing more behind the scenes work again, very soon!



Ellie L and Leila C
Year 9 Students

Year 10 Transition

Congratulations to students and teachers for the successful Year 10 Transition Program. This is a new initiative has received great feedback from all involved. Thank you also to the wonderful guest speakers from our local community for sharing your time and wealth of knowledge with our students.



Mrs Walker
Year Advisor

THS Work Experience

Terrigal High School encourages year 10 students to take up an optional work experience placement sometime during the year. This year, we had 22 students find placements in a variety of industries from construction to childcare. Recently, Xavier S undertook a Locksmith work experience which has led to a full-time apprenticeship offer for 2023! Many year 11 students also have undertaken a work experience, from the Defence Force to working on a farm! Ben P got some great work experience at our local Mitre 10 store. It's a wonderful feeling to have firsthand experience at a potential future career.



Ms Bates
Careers Advisor



WITS (Writers in the School)

It's a Wrap from the 2022 THS Writing Club

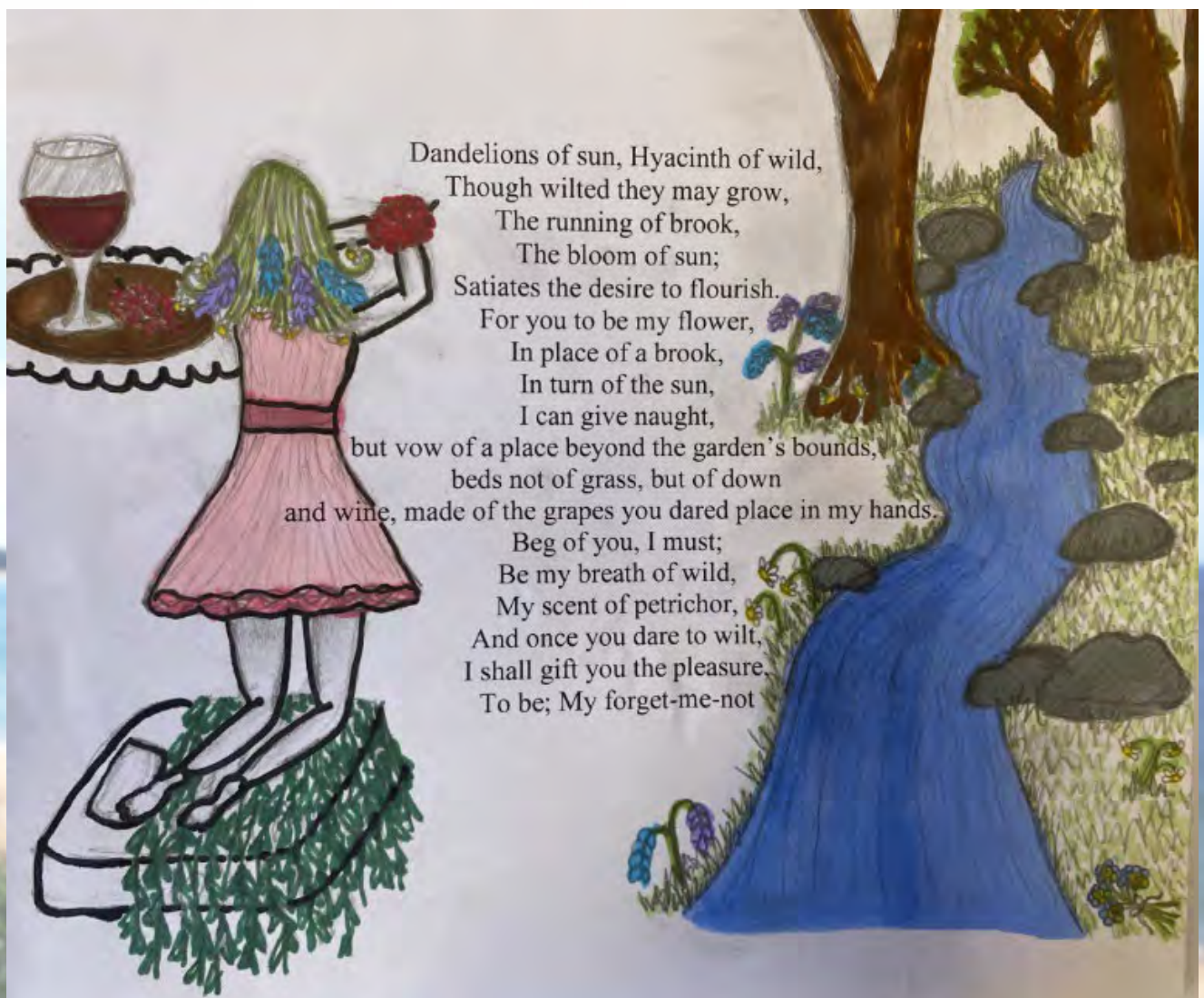
We've had poets, songwriters, novelists, artists, and readers alike attend our Writing Club meetings (every Monday, Friday, and food friendly), all contribute to conversations about lyrics, poems, books, and our recent pieces of writing. We talk about whatever may be going on recently—either what's happening at school, home, with a book you're reading, or just a casual conversation between peers. Everyone who joined had created a cover for a personal writing journal, which we decorated with old magazines and cut-outs of words. At the beginning of the year, we had started writing lyrics for a year 12 pianist, which is also when our horror-fanatic Club Leader—Nate--had joined us.

After that, we had begun story-writing with a set of prompts, and once we had finished, we reflected on what we had written and the meaning behind them. Just recently, we had swapped our journals with another member

and wrote a story based on the covers we had made earlier in the year—which included stories of a dystopian future and fast paced horror (thanks, Nate). Currently, we are focusing on getting our work published. We've decided on a poem, that is getting illustrated by another student, and this piece of writing, to be published.

I think that our club would flourish with more members, whether they come weekly, monthly, or even yearly, as there would be more to converse and share. Personally, I believe that our meetings are beneficial to our members, since we get an insight into our peers and the school, as well as the fact that we are a judgement-free club, and we can debate whatever topic interests us and debate what we want.

Please enjoy the following piece by Abigail G (Year 9) and illustrated by Gabriella S (Year 9).





Dominic Perrottet MP
Premier of New South Wales



Dear Parents,

As the 2022 school year draws to a close, I wanted to thank you and all parents, students and teachers for your extraordinary efforts this year.

I also want to let you know about a new program that will ease pressure on household budgets by helping to pay for your children's school supplies at the start of the next school year.

From 12 December 2022, NSW parents can access a \$150 Premier's Back to School NSW Voucher for each child in primary school, secondary school or home-schooling in 2023.

Vouchers can go towards the cost of school uniforms, shoes, bags, textbooks, or stationery purchased from registered businesses. You can apply for the vouchers via the Service NSW app, and for more information, visit service.nsw.gov.au, call 13 77 88 or attend a Service NSW Centre.

This new program is part of our plan to give families a more secure financial start to the year.

It has been fantastic to see so many students back in the classroom and thriving in 2022 after so many disruptions, and 2023 is shaping up to be an even bigger year for education in NSW.

We're rolling out a new, back-to-basics curriculum; making changes so students are even better prepared for employment and further education; doing more to recognise and reward our best teachers; and making it easier for parents to connect with your children's education.

It's all about taking those important steps to make NSW education the best it can be, so we can set up our children for future success.

Thank you again for all your efforts this year. I wish you and your family a safe and happy summer - and don't forget to download your Premier's Back to School NSW Voucher from 12 December.

Yours sincerely,

Dominic Perrottet MP
Premier



supporting young people in school holidays: practical tips for parents and carers

headspace National are hosting education sessions for parents and carers across NSW who are supporting young people during school holidays.

These sessions aim to:

- Identify challenges and opportunities of the school holiday period
- Offer practical ideas for parents and carers
- Provide information about additional support services
- Highlight the importance of self-care

Where:

Online webinars.

When:

We will be offering this session multiple times around the school holiday period. Sessions will be held at 12 - 1pm AEDT or 6 - 7pm AEDT.

Session dates will be listed on Eventbrite.

How do I register?

Click the link to register for a session via Eventbrite: bit.ly/3UVKYQM, or copy the URL into your web browser. Alternatively you can scan the QR code:



After registering, you'll receive a confirmation email which will include the Zoom webinar link.

You will receive a digital information pack after the session that includes key messages and links to resources and support services.

Need more information?

Email us: programsupport@headspace.org.au.