

# **ANTI-BULLYING PLAN** 2023

## Terrigal High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

#### Resources

The NSW anti-bullying website (see: <a href="https://antibullying.nsw.gov.au/">https://antibullying.nsw.gov.au/</a>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

## [Name of school]'s commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics	
Term 1	Behaviour code for students. Focus: Postive behaviour for the year ahead	
Ongoing	School Cre Values and Core Value statement revisited. Police liaison visits including harassment and cyber bullying	
Semester 1	Stage 4 targetted lessons delivered by Year Adviser and Student Support officer	
Annually	Wellbeing lessons. Harmony Day, R U ok day? Wear it purple day	

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning	
Term 1	Review of in school procedures. Reminder about the updated Anti Bullying Actions Flow chart with advisupport teachers when dealing with alleged bullying incidents and acurate recording in SENTRAL	
Ongoing	Continually develop strategies to imporve student angagement	
Weekly	Learning Support Team meets weekly with suggested strategies for identified students	
Annually	Mandatory staff training: child protection, anti racism, code of conduct and anti bullying	

#### 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Information is provided in a handout to staff when they first enter the school Staff induction and Orientation program by HT when entering school New staff introduced to specific support staff

## 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan	NSW Anti-bullying website	Behaviour Code for Students
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### 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic	
Each term	Terrigal Talk (weekly). THS newsletter (twice per term) School website, Facebooks, Instagram, Student/ Parent portal	
Ongoing	Planned parent events including Parent Teacher evening, Parent Information Evenings, P n C, Responsive meetings with parents around alleged bullying incidents	
Ongoing	Parent information on roles of Year Advisers, ARCO, SSO, Aboriginal support	
Ongoing	Parent voice: P & C, Tell then from me survey, Faculty appraisal parent feedback	

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Delivery of a variety of additional programs eg Top Blokes, SEEDS, Love Bites. All hve elements of positive relationships and how to build and develop these.

Student leadership and support

Peer mediation teacher led mediation

All modelling respectful relationships and behaviours

Student voice "Tell them from me", SRC meeting, Captains meeting with senior executive

Completed by: Mr Andrew Yates

Position: Head teacher Student Wellbeing

Signature: Date: 26 4 23.

Principal name: Mrs Sharnee Klempert

Signature: Date: 26.4.23

