

ANTI-BULLYING PLAN 2022

Terrigal High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Terrigal High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Ongoing	Focus on positive behaviour, School Core values, Social Media
Ongoing	Wellbeing Days, Police Liaison Officer visits, Cyberbullying presentations
Ongoing	Targeted lessons once/fortnight Stage 4; Stage 5-6 targeted presentations
Annually	Harmony Day, R U OK Day, Mental Health Awareness Month

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1, 2,3 ,4	School procedures, Teaching and reinforcing respectful relationships
Ongoing	Strategies to improve student engagement
Weekly	Learning Support and strategies for identified students
Annually	Staff mandatory training: child protection, anti-racism, anti-bullying

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- Information provided in a handout to staff when they enter on duty at the school.
- Staff Induction and Orientation program conducted by Head Teacher when they enter on duty at the school
- New staff introduced to specific student support staff
- Head Teacher Wellbeing reports during staff meetings and minutes available on school's student management system.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Each Term	Terrigal Talks (weekly), School website, Facebook, Sentral Parent Portal
Ongoing	Parents meetings, Parent/Teacher evenings including defining student bullying and school supports
Ongoing	Outlining staff designated as ARCO, Aboriginal Support, Student Support Officer, Year Advisors
Ongoing	Parent voice: P&C Meetings, Tell Them From Me Survey, Faculty Appraisal Surveys

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Delivery of a variety of additional programs addressing wellbeing needs such as Top Blokes, Seasons for Growth
- Year Advisor Support Drug and Alcohol Wellbeing Programs
- Specific guest speakers and programs run annually
- Student leadership and support including mediation and mentoring
- Modelling respectful relationships and behaviours
- Working collaboratively with the school to resolve incidents of bullying
- Student Voice- Tell Them from Me Survey

Completed by: Rachel McNeilly

Position: Deputy Principal

Signature:

Date:

Principal name: Tania Turik

Signature:

Date: Nov 2018, revised 2019, 2020

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Anti Bullying Actions Flow Chart 2019

