

Terrigal High School NEWSLETTER

Newsletter 27 Term 4 November 2019

This week's featured artwork is detail from a clay sculpture by Ruby L of Year 7.

e: terrigan-h.school@det.nsw.edu.au p: 4384 4677 w: <https://terrigan-h.schools.nsw.gov.au/>

Principal's Report

Higher School Certificate

The HSC examinations commenced week 1 of this Term. Students are well prepared, and the feedback indicated the exams have been fair with some challenging questions. The Year 12 formal is on Wednesday evening (13th of November) and I look forward to seeing everyone for their final school event. Thank you to Ms Surya and parents for supporting our Year 12s this year.

Central Coast Secondary Schools Mentoring

Throughout the Term a group of Year 10 students have participated in a program to plan their future using the individual support of a community volunteer mentor. It was heart-warming to see the relationships built between the mentor and the student, to listen to the journey of growth and acknowledge the learning of both individuals. Thank you to our wonderful mentors and Abbey D and Logan S for the welcome to country.



World Teachers Day

Australian teachers celebrate World Teachers Day on 25th October and this year two Terrigal High School teachers were acknowledged at the Central Coast event. Mrs White was acknowledged for her expertise in differentiation of the curriculum to meet the learning needs of all students. Mrs McMartin was acknowledged for exemplary teaching practice in developing a culture of high expectations for all students. Congratulations Mrs White and Mrs McMartin.



Microscope

Thank you to Zeiss for the generous donation of a microscope to the Science faculty. Further details are provided later in this newsletter.

Sports uniform

This is the third year of our transition from black shorts to navy blue. In 2020, the expectation is that students will wear navy blue shorts for sport.

Mrs Turik
Principal

What's on?

Look out for the "Terrigal Talk" which is emailed to parents and carers every Friday to give you a snapshot of what is happening at school for the upcoming week.

TERRIGAL TALK - WEEK 4 - TERM 4



Email: terrigan-h.school@det.nsw.edu.au

Website: <https://terrigan-h.schools.nsw.gov.au>

CALENDAR DATES

November 4
Yr 7 Science Exam
Yr 7 English Assessment #4
Yr 8 Science Topic Test - I
Yr 9 Food Technology Assessment 3 due
Year Group Assemblies

November 5 TSP Trials for 2020

Science News

Zeiss Microscope

Terrigal High School Science Faculty were extremely excited to have donated, a high resolution, high magnification, high technological microscope and with added camera. This will enable highly magnified prepared slides to be presented to the class and shared amongst classes. The magnification of 1000 times, compares to our current light microscopes with a maximum magnification of 400 times.

On behalf of the students of the school, and the Science teachers, we would like to thank Zeiss for their extreme generosity and for taking the time to personally donate and demonstrate the microscope.



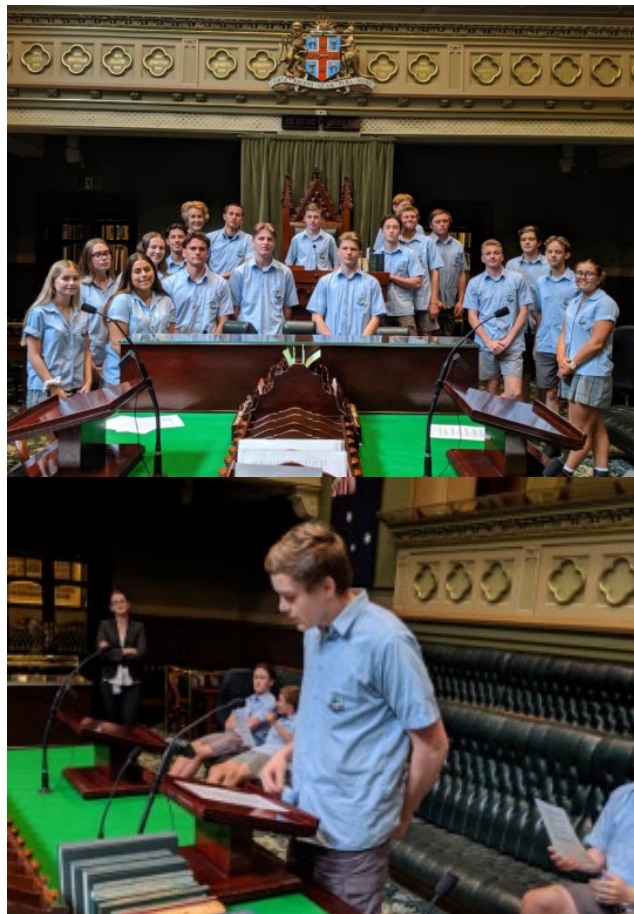
Mr Nugent
Head Teacher (Science)

HSIE

NSW Parliament House Excursion

On Thursday, 31st October, our Year 10 Commerce class and Ms Massie, visited NSW Parliament House in Macquarie Street, Sydney as part of the current area of study, 'Political Involvement'.

We were able to learn about the Parliament House but also the process behind passing a Bill by being involved in a role play. We were also fortunate enough to have a visit from the Hon. Taylor Martin (MLC) who two years ago, became the youngest Member of the Legislative Council at the age of 26. This was particularly special as he is a former Terrigal High School student. Our students were wonderful ambassadors for our school, and we were able to learn so much about the parliamentary process in NSW.



Year 10 ILLUMINATE NEXTGEN BUSINESS CHALLENGE – Week 7, November 25 to 29

This incursion is an outstanding opportunity for all Year 10 students to learn the basics of starting their own business and they will be required to develop a business idea aligned to a theme. In teams, they will be required to produce real world business documents, including business plans, financial forecasts, idea pitches and marketing collateral and they will also be involved in a number of smaller, fun and very useful challenges along the way. Deadlines will have to be met and points awarded to teams for each submission and challenge. Expert support will be provided throughout, while content is taught and assessed by local business and community leaders who have agreed to donate their time to mentor our students.

Not only will students learn about important entrepreneurial and business skills, they will also learn more about useful life skills including stress and team management, independent learning, budgeting, planning and time management/prioritisation, meeting deadlines, innovative and creative thinking and public speaking. This challenge and the skills that will be developed throughout the week should have a lasting impact on students, not only for Year 11 and Year 12, but also post-school education and for their working lives.

Students must attend all five days and will be carefully placed into one of 20 teams each of 7-8 students. On the Friday night of the challenge, the Awards Ceremony will be from 6:00 pm - 7:00 pm and the doors will open from 5:30 pm to give families an opportunity to view trade displays before the ceremony starts. Please save the date, for this very important event.

Ms Massie
Teacher (HSIE)

Personalised Senior Student Tutoring – PSST



As an experienced teacher at THS, I am proud to have worked with Mrs Turik to create, develop and refine PSST: Personalised Senior Student Tutoring- a one on one service offered to all seniors for academic support, with a strong focus on overall wellbeing through organisation, choice management and skill development.

My focus on strategies for success combines time spent with students and frequent consultation with Teachers, the Wellbeing Faculty, School Counsellors and Psychologist, Careers Advisor, Year Advisor's, Deputy's, the Principal and Parents. Assistance offered in this personalised way through 15 minute-1 hour sessions, aims to address core individual learning needs. I consistently investigate, research, develop and adjust my resources to support my students' changing needs, offering new resources as they are created and/or discovered.

My room, being located within the Library and adjacent to the senior study area provides constant opportunity for students to either make appointments or take up an 'on the spot' opportunity when available. During senior study periods (or at recess/lunch breaks), students are encouraged to work in my room (Year 12 have access to 'Quick Eats Corner' microwaves and kettles also in my room), allowing for natural, stress free, relaxed flow of conversation whilst performing a relationship building role, as we frequently take the opportunity to discuss ideas, concerns, problems and solutions to all aspects of senior schooling. Through this unique service I am able to build strong foundations with students for support (academic & wellbeing), growth and achievement of goals. PSST's focus is through strategy, making it applicable to all subjects, with content being fully addressed principally by the classroom teacher. The combination of classroom experiences with one on one PSST provides great opportunity for support and stress reduction. PSST is a safety net to all aspects of school life.

The accompanying PSST promotional information (see back pages of Newsletter) is given to students (and parents) and has been included to provide details regarding how PSST can assist progress. I hope this additional detail provides you with a full understanding of the service offered and sparks your interest, facilitating a conversation within your family promoting future use/ benefit for your student.

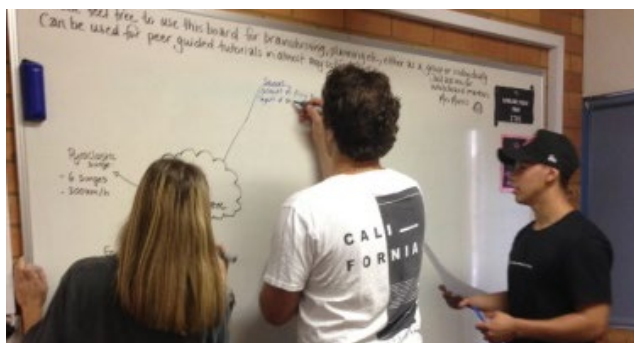
You are welcome to contact me at the school (M,W,Th,F) if you have any queries.

Mrs Morris
Teacher

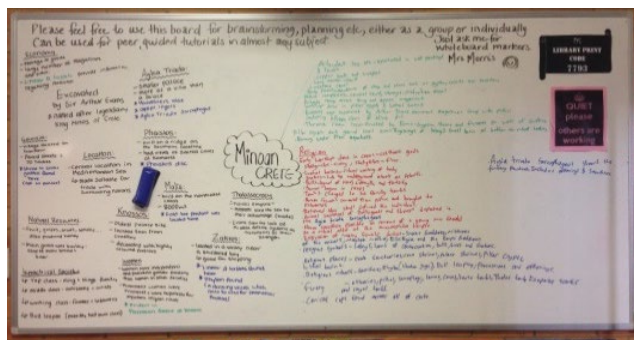
Year 12 Study Buddy Session prior to HSC exam



Using a white board for a collective mind map.



The completed group mind map.



Mrs Morris
Teacher

Library news

We have had a very big year in the library with some new furniture for our computer area and senior study area as well as new student desks. This term we've welcomed Sandra Hughes as the new Library Assistant who is settling in well. Thanks to Mrs Bennett and Mrs Morris, 2019 saw the introduction of kettles and microwaves for our Yr 12 students to use. They've been making great use of these facilities. Our senior students are increasingly making great use of the library and its'

facilities, and it has been wonderful working with them this year.

The sign out day for our Year 12 students is Tuesday 12th November. In order to successfully sign out, these students will need to return all school resources.

It's getting to that time of year when we will soon need your library books to be returned. You will notice that there will be an increase in reminders of overdue books as we prepare for the end of 2019. If you have any textbooks or library books that belong to Terrigal High School, and you are no longer using them, can you please remember to bring them back. If you have questions regarding any of overdue books, please speak with Miss Gale.

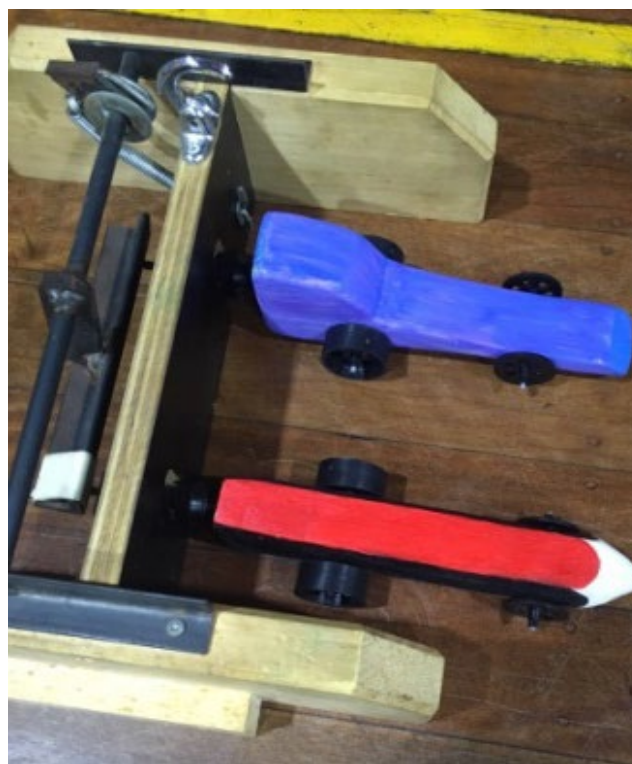
Important Library Dates for Term 4:

- 29th November – Last day for borrowing
- 6th December – All Library and English books must be returned

Miss Gale
Teacher Librarian

Around TAS

Weeks 1 and 2 this term saw the exciting culmination of the design and construction of forty CO₂ Dragsters by an enthusiastic group of Year 8 Technology students. We saw sleek aerodynamic dragsters designed purely for speed. We saw dragsters based on pencils, caterpillars, bees or vans. The creativity on display was varied and impressive. The first race drew gasps of surprise as these little dragsters reached speeds approaching 60km/h. Every dragster raced in a knockout competition to leave the last dragster standing as the fastest.





Mrs Turner
Head Teacher (TAS)

Duke of Edinburgh news

Silver Duke of Edinburgh Qualifying Journey, September 14 – 16 by Zoe C (student)

Students participating in the Silver Duke of Edinburgh met at Gosford Station at 7am on Saturday morning. We travelled to Sydney via train before walking 18.5 km from Circular Quay to Balmain. During this walk we visited Sydney Fish Market and ate lunch in Balmain East before catching a ferry from Balmain Wharf to Cockatoo Island, where we learnt about convict history and camped for two nights.

The second day our group participated in a 22.5km walk discovering different areas of Sydney. We started by completing the Bondi to Coogee walk before travelling on a bus to Randwick. We then made our way through Centennial Park, through the back of

Paddington via White City, Rushcutters Bay and Kings Cross continuing around Lady Macquarie's Chair and the Botanical Gardens on to Circular Quay.

On our third day we packed up camp to be on the early workers ferry from Cockatoo Island at 6:30am. We then travelled by train back to Gosford and began our final walk. We hiked through Rumbalara and Katandra reserves for 10km and stopped at St Johns lookout before beginning our final descent to Matcham.

We were lucky with the weather, it was sunny, dry and at times hot. Thank you to Mrs Miller and Ms Davidson for enabling us to complete our Silver Duke of Edinburgh Award.



Bronze Duke of Edinburgh Qualifying Journey, September 17 & 18 by Abigail K and Lauren G (students)

Our group made up of 16 Year 9 students met at Gosford Railway station at 6.45am where we caught an early train to Hawkesbury River. We then met a ferry at Brooklyn which would take us to Patonga along the waterway. The water was quite choppy due to the inclement weather conditions; however, the view of the land and clear water was breathtaking.

We stopped in the weather shed at Patonga to take layers of clothing off and ensuring we had our wet weather gear on before we set off up the track in the cold and wet conditions. The wind was howling, and the rain was pouring and still we trekked along the track passing Warrah Trig and continued to try and find Elephant Rock. The highlight was seeing native Waratah's in flower along the track. We had a quick bite to eat and then back on the track to try and make it to Ocean Park Caravan Park to set up camp and get dry and warm.

Unfortunately, the conditions were against us and the strong winds prevented us from being able to successfully secure our tents, Ms Davidson had a good laugh watching us chase our tents in the wind. We were very fortunate as the campsite had a large shed which they very kindly offered to us to set up our tents in so that we could continue with our adventurous journey. This was such a relief, we were able to dry our clothes, cook our food and sleep without worrying about tree limbs crashing down on us or our tents flooding from the torrential rain. We spent the evening playing various games including a very interesting game of truth and dare with the teachers joining in and fun games of basketball.

Day two, the weather had not changed, it was still cold with torrential rain. We broke camp at 6am to have our tents and bags packed and ready to leave by 7am. We left the campsite and walked into Woy Woy, where Ms Davidson went and checked the path to see if it would be suitable, unfortunately it was too boggy and slippery for us to climb. We needed to change plans, we then proceeded to walk along the bike track from Woy Woy to Point Clare, along the way we stopped for a quick bit to eat. The bush land was beautiful and lush along the track, we continued to soldier on to Point Clare where we caught a train to Gosford Railway station to be collected by our parents.

Thanks to Ms Davidson and Mr Staniford for organising and facilitating this amazing opportunity. Even though the weather conditions were extremely difficult we met the challenge and are very proud that we continued and completed our journey. In fact, it was a great conclusion to the Bronze Duke of Edinburgh expedition, we are looking forward to what Silver has to offer.



Dance news

Congratulations to Charlie K who was nominated for the "2019 Callback" which is the showcase of exemplary performances and compositions by 2019 HSC Dance students. Charlie worked incredibly hard to achieve this outstanding result. Well done Charlie!

Last term Year 9 Dance students worked extremely hard on a Musical Theatre unit. Their presentations, composition diaries and performances were amazing. Well done Year 9 Dance.

Mrs Walker
Teacher (Dance)

Sports

At the end of Term 3 Allanah P in Year 10 and Isabella D in Year 8 competed in the All Schools State Athletics Carnival at Homebush where they competed in the walk event. Allanah won the 5km race for her age group and is off to Perth in early December for Nationals. Izabella came 3rd in the 3km race for her age group.



During the School holidays Bailey D represented the U15 NSW Central Coast Futsal Team at the 2019 AFA National Schools Futsal Championships in Brisbane. His team was undefeated for the tournament and for his outstanding performances Bayley has been selected in the Australian 16 years Boys Futsal Team to tour Italy in May 2020.



School fundraisers

Fluoro For Our Farmers - Wednesday November 20

Mufti Day and Gold Coin Donation to raise money for our farmers. Students can wear their brightest and most out there fluoro gear, donate a gold coin, and be in the running to win a "Best Dressed" Erina Fair \$50 Gift Voucher.



Coast Shelter Christmas Gift Box Appeal – Term 4 (Weeks 5 to 8)

It is that time of year again leading up to Christmas where Terrigal High School is proudly involved with organising Christmas gift boxes to be delivered by Coast Shelter to those doing it tough in our community. The Central Coast has one of the highest growth rates for homelessness in NSW and as well as homelessness there are many, many people struggling to make ends meet.

Please help bring some Christmas cheer to our community by supporting our Christmas box appeal.

How can you help?

Each week starting on Monday November 11 (Week 5) we ask that students bring in an item or items for different age groups/demographics.

Week 5 & 6: The collection is for Children & Teenagers / Young Adults

Weeks 7 & 8: The collection is for Adults & Elderly People

SRC Students and Wellbeing will be coordinating the decoration of the boxes.

Collection points for donations - Front of school, Library, Wellbeing, Outside Roll Call areas which the SRC will collect daily. Once collected, items will fill a shoe box with small gifts appropriate for the age groups.

Thank you for your kindness and willingness to spread some Christmas cheer!

Careers corner

with Mr Coroneos, your Rel. Careers Advisor

<http://www.terrighscareers.com/>



The School has its own career website. Students and parents can use this site for a wide range of career information. This site is particularly useful for students in the senior years; however, other students can access information on part time employment while they are still at school. If students register in the "Student Only" area they will be able to make use of many of the proformas available. They can develop a resume, a cover letter, find out how to act in an interview, what to wear for an interview and many other things.



PSST...

Personalised Senior Student Tutoring



Have you booked?

- Individual or group tutorials available
- 15 minutes – 1 hour per session

To reserve your spot, check availability by looking @

Mrs Morris' timetable & place your name
beside a suitable time in the appointment book.

Please be on time for your session.

Any enquiries please ask Mrs Morris (*Library Seminar Room*).



PSST...
Personalised Senior
Student Tutoring

How can PSST help me?

Personalised Senior Student Tutoring (PSST) is aimed at addressing your academic needs and is designed to assist you with the following (as required)...

- ✓ Organisation including planning tools and strategies to assist stress reduction
- ✓ Time management skills related to daily needs, assessment, and exam preparation
- ✓ Time management skills for in class assessment
- ✓ Study skills and techniques
- ✓ Management of classwork, notetaking and checking syllabus requirements
- ✓ Interpreting and understanding questions for classwork, assessment and exam practice
- ✓ Thinking, planning and writing techniques including editing
- ✓ Reading and comprehension skills and strategies
- ✓ Writing structure scaffolds from the planning phase through to task completion
- ✓ Writing structure specifically the TXXXC method (paragraphing)
- ✓ Writing short answer responses
- ✓ Editing including punctuation guide and checklist
- ✓ Research techniques including selecting credible information (factual source selection, validity and reliability of material).

What else do I need to know about PSST?

All THS Senior Students are welcome. You are invited to make a booking to discuss any aspect of your academic progress. Each 15m-1hr session (see appointment diary) will address improving your schoolwork and will focus on your current individual needs. Sometimes simply having a conversation can alleviate stress and help you refocus, ensuring you head in the right direction. **The aim is to encourage regular consultation in a personalised setting to support your academic development and progress.** As this is a personalised and needs based program, I can tailor and facilitate small group workshops if/when required. If you are booking as a group, you must agree on the nature of the session. I am also able to facilitate a study buddy set up for identified students if both parties are agreeable. **Choose to improve.** Please do not hesitate to ask for assistance. Mrs Morris



Health
Central Coast
Local Health District

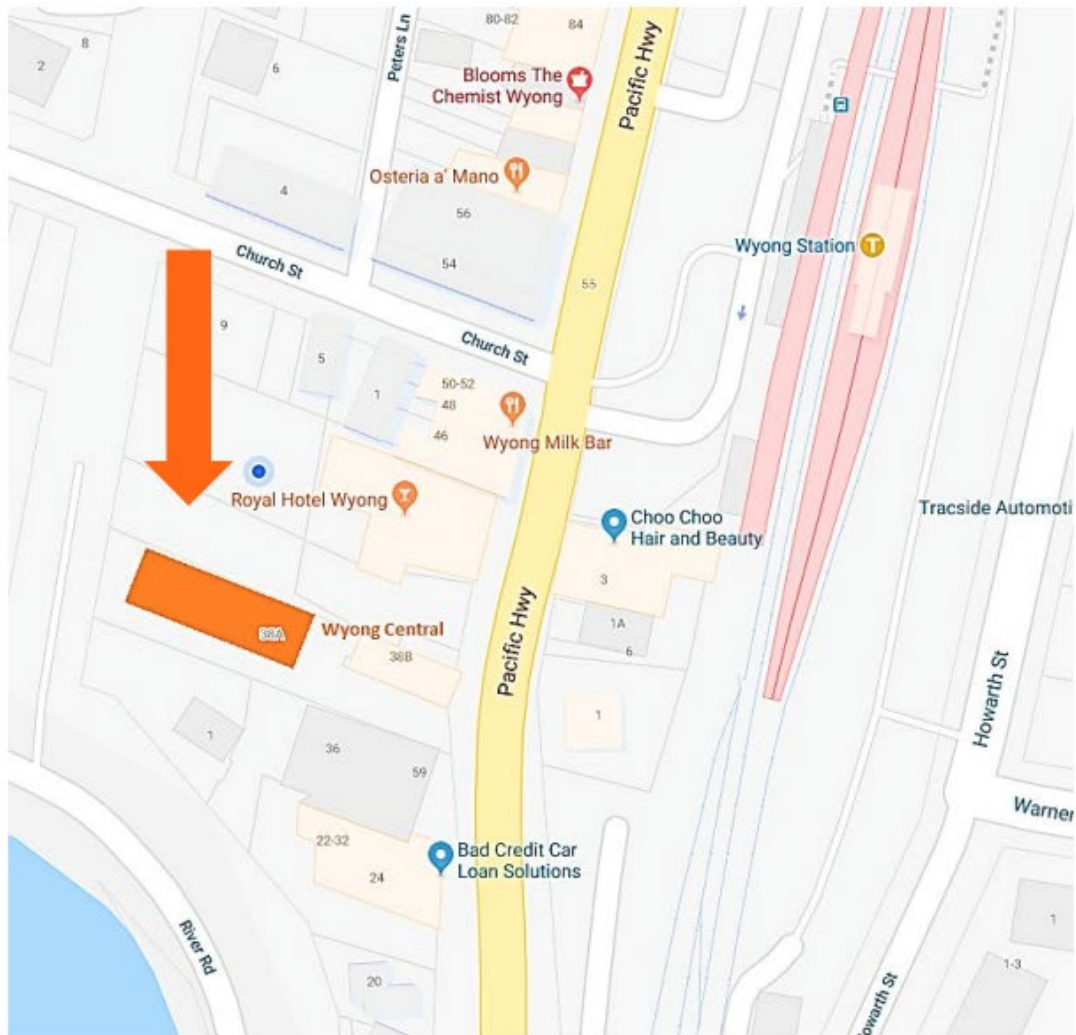
Free Parent and Carer Skills Group

Youth D&A Central Coast
Date: First Tuesday of every month
Time: 1:00-2:30 pm

A group for parents and carers to learn about substance use and develop skills in talking to young people about drugs and alcohol.

Please phone to make a referral

Ph: 43944880



PHONE: 43944880 FOR ESSENTIAL REFERRAL

LIMITED SPACES AVAILABLE

WYONG CENTRAL.

LEVEL 1, 38A PACIFIC HWY.

WYONG 2259